

NOISE SOLUTION

MIXING MUSIC AND DIGITAL STORIES

CHANGING LIVES

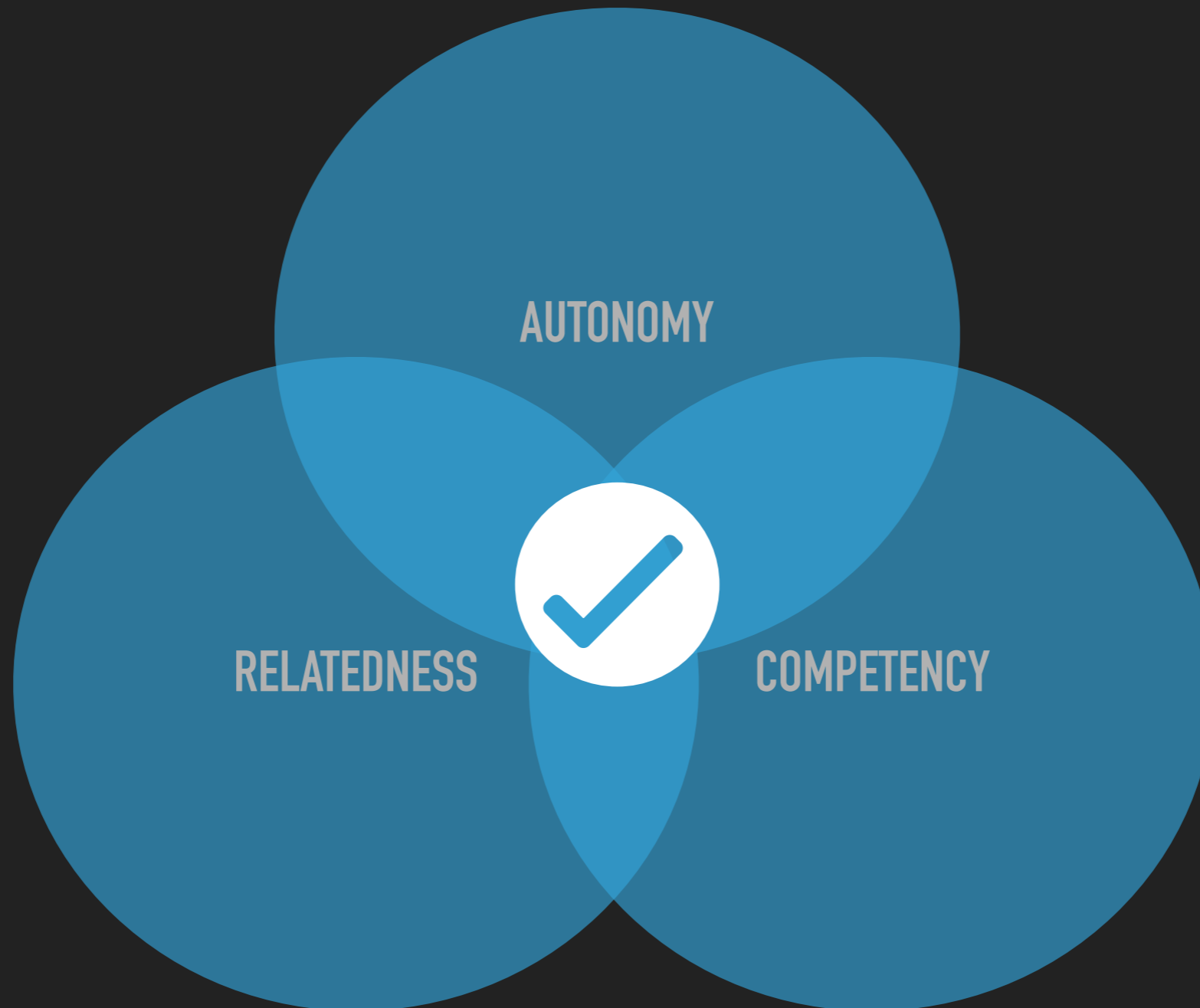
IN THE BEGINNING



- ▶ Feeling in control
- ▶ Feeling good at something
- ▶ Meaningfully engaging others

connexions

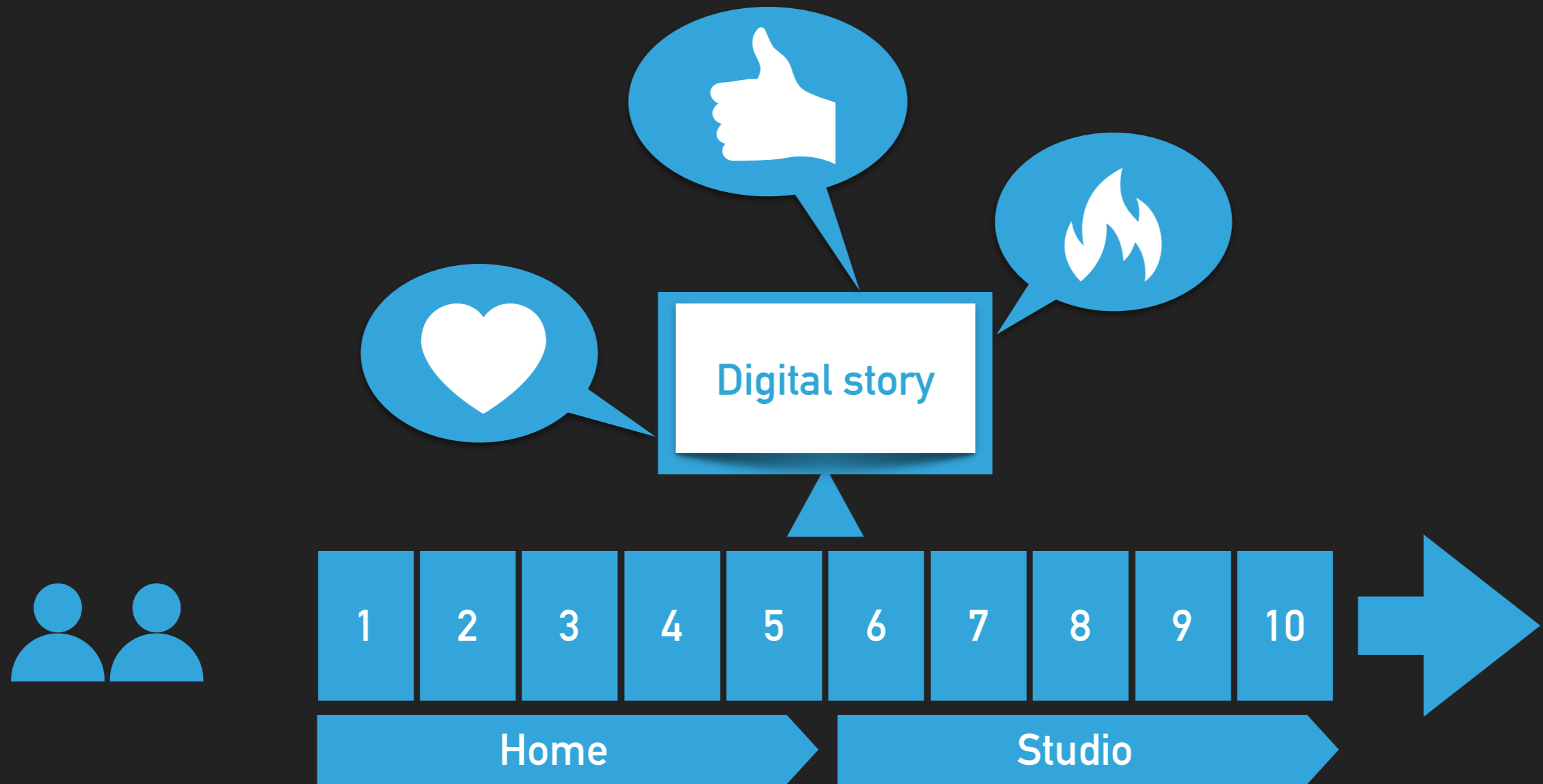
SELF-DETERMINATION THEORY



Deci & Ryan, 2000

**ONE-TO-ONE MUSIC MENTORING
PROGRAMMES THAT HAVE BEEN
INDEPENDENTLY PROVEN TO
IMPROVE WELL-BEING.**

A TYPICAL SET OF SESSIONS



HEADLINES

- ▶ Work with around 100/120 people a year across three counties (Suffolk, Norfolk and Cambridgeshire)
- ▶ Statistically significant impacts across all age ranges and genders
- ▶ Particularly impactful with young women 16-24
- ▶ National scale ambition over the next three years



CONTACT DETAILS

noisesolution.org

facebook.com/noisesolutionuk

twitter.com/noisesolution1

(01284) 771156



damien@noisesolution.org

twitter.com/damien_ribbans

linkedin.com/in/damienribbans

(01284) 771340